

AVOID - WEAR - APPLY - REMOVE - EXAMINE

AVOID areas where ticks live. Ticks thrive in wood piles, long grass, leaf piles and beach grass.

WEAR light-colored clothing; long pants, sleeves, socks and close-toed shoes. Tuck long hair into hat.

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APPLY EPA-approved tick repellent (such as picaridin or DEET) on skin and insecticide (such as permethrin) to clothing & shoes as directed.

REMOVE clothing upon entering the home; toss into dryer at HIGH temperature for 10-15 minutes.

EXAMINE yourself and your pets for ticks daily. Check everywhere--ticks love to hide!

Learn about ticks, Lyme and other tickborne diseases, tick bite prevention and proper tick removal at GLA.org



Learn more about tick safety at the <u>CT DEEP Tick</u> <u>Safety</u> webpage.

Aware!

Be Tick



TICK TABLE



OVERVIEW OF THE MOST COMMON TICKS FOUND IN THE U.S. THAT TRANSMIT PATHOGENS TO HUMANS. THIS IS ONLY A PARTIAL LIST. LEARN HOW TO BE TICK AWARE AT GLA.ORG

TICK GENUS	COMMON NAME	ASSOCIATED ILLNESS	PATHOGEN
Ixodes		Lyme disease	Borrelia burgdoferi & Borrelia mayonii
		Relapsing fever	Borrelia miyamotoi
	Blacklegged tick	Powassan encephalitis	Powassan virus
	Deer tick	Babesiosis	Babesia microti
	Pacific tick	Human granulocytic anaplasmosis (HGA)	Anaplasma phagocytophila
		Cat scratch fever	Bartonella henselae*
		Tick-borne encephalitis	Tick-borne encephalitis virus
Amblyomma**		Human monocytic ehrlichiosis (HME)	Ehrlichia spp.
	Lone Star tick	Southern tick-associated rash illness (STARI)	unknown
		Heartland virus disease	Heartland virus
		Bourbon virus disease	Bourbon virus
		Tularemia	Francisella tularensis
Dermacentor	Dog tick	Spotted fever rickettsiosis***	Rickettsia spp.
	Rocky Mountain Wood tick	Tularemia	Francisella tularensis
Ornithodoros	Soft tick	Tick-borne relapsing fever	Borrelia hermsii & Borrelia turicatae
Rhipicephalus	Brown Dog tick	Spotted fever rickettsiosis***	Rickettsia spp.
Haemaphysalis	Longhorned tick	Severe fever with thrombocytopenia syndrome (SFTS)****	Severe fever with thrombocytopenia syndrome virus (SFTSV)

*Bartonella is known to be spread by fleas; research is inconclusive regarding transmission by ticks. **Bites of Amblyommo americanum are associated with mammalian meat allergy. ***Also known as Rocky Mountain Spotted Fever. ****SFTS has not been reported in the U.S. Haemaphysalis is a recent invasive tick.